



SUNCOKRET

Since 2004 we have been providing superior holistic holiday and retreat experiences for individuals and groups from all corners of the globe. Our space is best for 7-9 guests. Those with larger groups often opt to book two back-to-back event weeks, understanding that the intimate and exclusive atmosphere we offer within our center is a key ingredient of the Suncokret experience.

LOCATION

Suncokret is located in the charming village of Dol Sveta Ana, a pristine 12th Century hamlet discretely nestled into the verdant brush & pinewood forest which majestically rises above the island's oldest settlement, Stari Grad.



RETREAT PRACTICE SPACES

Outdoor Terrace

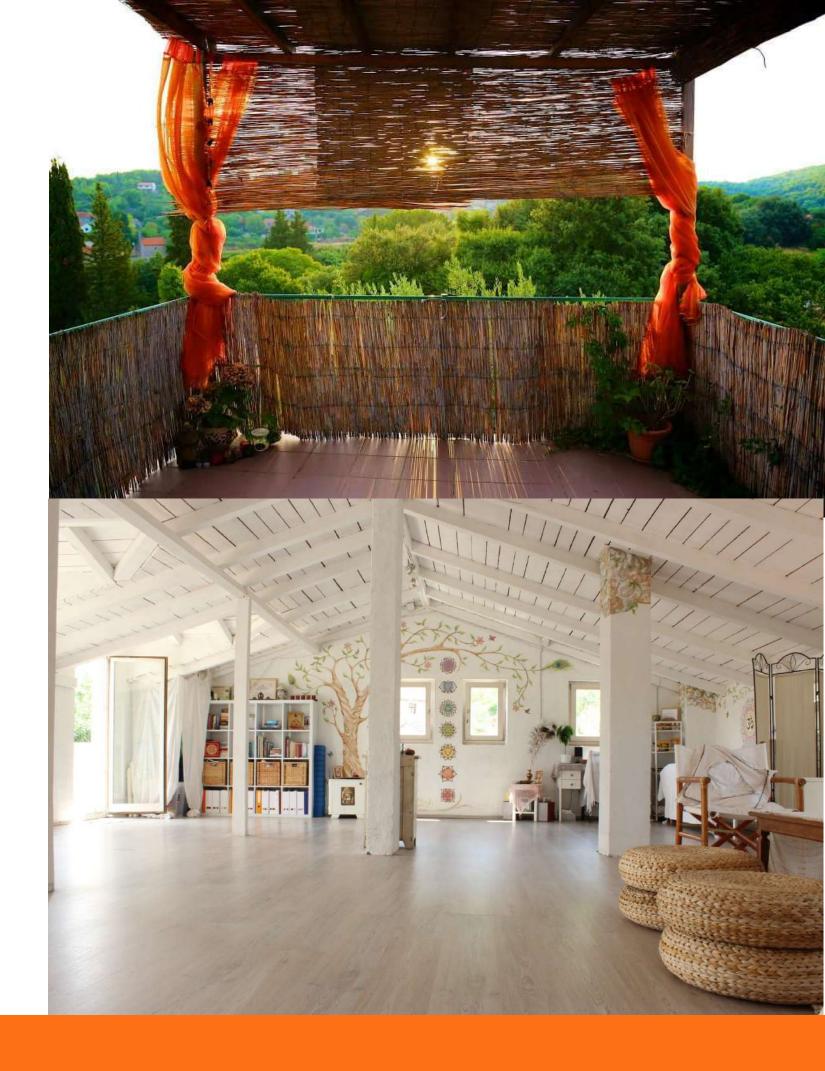
The outdoor terrace offers open views of the village and the neighboring island of Brac.

It features a tile floor, bamboo roof, and flowing curtains that create an intimacy of environment during the practice. The terrace is best suited for up to 7 persons for dynamic practices such as vinyasa, or up to 9 persons for passive practices such as meditation, Satsang, or yoga Nidra.

Indoor Loft

The light, white and spacious indoor loft space features woodlaminate floorboards, white wooden exposed roof beams, balcony doors facing east, windows facing south and west, and comes with air-conditioning with cooling and heating options.

There is a lounge corner with WIFI access, an entertainment section, and a spiritual library. The loft can comfortably accommodate 9 participants for yoga and movement activities.



ISLAND PRACTICE LOCATIONS

By the Sea

Twice weekly, your group will be swept away to a gorgeous nature preserve surrounded by the sea, where you can hold afternoon practice. The area is abundant with an endless number of hidden bays, flat rock plateaus, and verdant forest clearings which make for a spectacular and unforgettable outdoor practice experience.

The Abandoned Village

There is also an option for your group to enjoy practice in an abandoned village where time has been frozen in its tracks. Here you can enjoy your outdoor practice in perfect silence under a flat, shady area in front of a baroque church that is framed by towering pine trees and a magnificent view of the ancient village and its impressive hills in the distance. A picnic is served post-practice prior to setting off to the island's most famous town, Hvar.





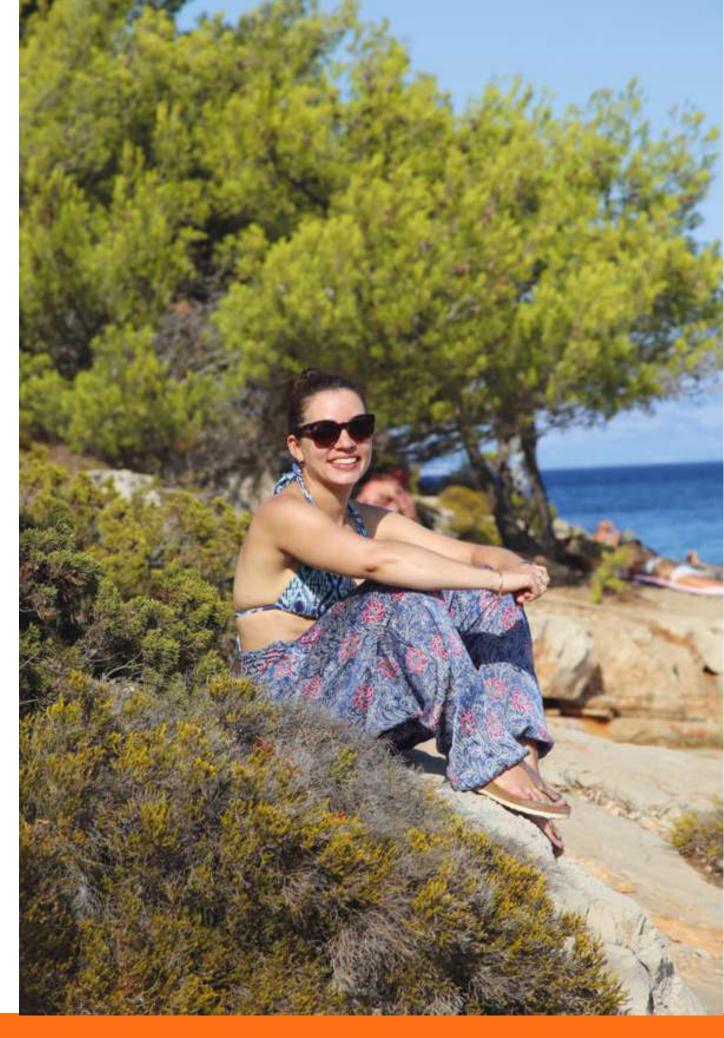
ITINERARY

As part of our weekly Classic Retreat Program, we offer the chance to explore the best of Hvar Island's natural, historical and cultural spots via our scheduled daily outings. The scheduled afternoon program sessions by the sea and in nature will have you enjoying your practice in amazing locations, full of natural wonder and beauty. The end of the retreat week is topped-off by a magnificent sunset safari tour that will deliver you in body, mind, and spirit to the divine light of the sun. The combination of our outings, complimented with your own leisure time exploration, will immerse you in our island's culture in every possible way.

Within the standard 7 days/6-night Classic Retreat format, 15 or more dedicated teaching hours are easily provided.

PROGRAM RHYTHM

- Self-catering coffee, tea, light snacks
- Morning program
- Brunch buffet
- 10-minute post-brunch clean-up
- Scheduled daily outing to places of interest (possibility of extra activities - see our Activities Plus PDF for more details)
- Afternoon program (twice weekly at Suncokret / twice weekly by the sea)
- Scheduled daily return to the retreat
- Dinner
- 10-minute post-dinner clean-up
- Optional evening program
- Observed quietude from 10 pm 7 am
- End of week morning program outing + sunset safari tour
- Restaurant dinner on the final evening (not included in price)



TASTY, SIMPLE & FRESH MEALS

We serve two meals per day; brunch and dinner. Our meals are predominantly made from fresh, organic, locally produced island ingredients (often our own), and are prepared and served with love.

Brunch is served in the garden and generally consists of fresh seasonal fruit, nuts, warm and cold cereals, fresh farm eggs, local bread and/or pastries, cheese spreads and homemade marmalade, yogurt and milk, as well as rice, coconut or almond milk. Local tap water, mineral water, coffee and herbal tea are available free of charge with each meal.

Dinner is also served in the garden and typically consists of a soup and salad starter, followed by the main dish (vegetarian or Dalmatian seafood specialties). Dinner is not provided on Fridays; instead, we offer a sunset safari tour, before or after which your group will have the opportunity to enjoy a celebratory dinner in an authentic Dalmatian restaurant.







Wind & Air Cottage

This cottage features two double rooms, an adjacent bathroom, kitchenette and covered terrace with a view to the veggie garden. The cottage has air-conditioning + heating, and wifi access.



Room 4 is furnished with a beautiful metal-framed double bed. Room 5 comes with a set of twin beds and also features a cozy private balcony with a view.



ROOMS

Ether Cottage

Light, bright & white attic suites with private bathrooms...

These elegant and beautiful, newly-built attic rooms come equipped with private, en-suite bathrooms and en-suite air-conditioning + heating.

The cottage has open wifi access, and is suitable for 3 or 4 persons.

Room 6, "Mini Suite" is furnished with a double bed. Room 7 "Master Suite" features twin beds that can be placed side by side for couples when needed.

Ether Cottage residents share an indoor kitchenette & an outdoor terrace, and have easy access to the adjacent indoor loft space with practice area, lounge corner, entertainment area, and spiritual library.





FACILITIES

- Main Kitchen + 2 kitchenettes
- Indoor + outdoor dining areas
- Lounge areas
- Picnic areas
- 2 terraces
- 2 balconies
- Indoor & outdoor practice areas
- Washing machines
- Free parking
- Spiritual & leisure libraries
- Garden
- Veggie Garden
- Meditation areas
- Smoke & alcohol-free premises
- Free WiFi in designated areas



유 PACKAGE RATES 숙

Private Rooms per night: 115 € Low Season, 120 € Mid Season, 125 € High Season

Shared Rooms per person, per night: 110 € Low Season / 115 € Mid Season/120 € High Season

1 Teacher or Event Organizer stays Gratis

LOW SEASON = APRIL- MAY, OCTOBER-NOVEMBER

MID SEASON = JUNE & SEPTEMBER

HIGH SEASON = JULY & AUGUST



PACKAGE INCLUDES

- Scheduled transport from/to the Stari Grad Port (Sundays at 16.30 and Saturdays at 10.45)
- Accommodation + 1 set of bed linens and bath towels are provided per person per week
- Open access to all retreat facilities
- Welcome tour of Suncokret & Dol Village
- 5 vegetarian brunch buffets + 1 picnic brunch
- 5 Vegetarian (or) 3 Vegetarian and 2 Dalmatian Seafood Dinners + 1 Friday Evening Sunset Safari Tour (followed by dinner in a local restaurant, priced separately) OR 6 Dinners at the retreat (and no Safari Tour)
- Scheduled daily outings to places of interest including towns and beaches (Monday Friday) according to the sample itinerary
- All local taxes
- NOT INCLUDED: Any additional services not listed above, ex. airfares, airport transfer, ferry.

EXTRA ACTIVITIES

Are you looking for extra activities to make your retreat with us even more unique? We can arrange a wide range of sporting, leisure, and cultural activities for your group to enjoy at very attractive prices, including:

- Diving
- SUP
- Kayaking
- Cycling
- Spa
- Wine tasting
- Sailing tour around Pakleni Islands
- Holistic services & workshops
- Yoga & Meditation program (for groups traveling without a yoga teacher)

See our "Retreat Plus Extra Activities PDF" for more information.



OPTIONAL HOUSEKEEPING SERVICES

- Mid-week housekeeping of the entire property including bedrooms, bathrooms, and all retreat common areas: Price 110 €
- Mid-week laundry service bed sheets and bathroom towels: Price 70 €

SEASONAL AVAILABILITY

Villa Suncokret is available for group visits from April - November. The best time to host a group event is when the weather is mild but pleasant, typically from mid-May until mid-June, and from mid-September until mid-October.

Depending on the season, we may be able to organize unique outings and/or activities such as lavender, grape, or olive picking and wine or oil production for your group. Such activities can certainly make your retreat time on our beautiful island truly unforgettable as you connect to the locals and their traditions!

CONSULT WITH US

We'd love to learn more about you and your ideas for hosting an Exclusive Event with Suncokret!

Please send us a consultation form so we can learn more about your ideas and wishes.

We're looking forward to hearing from you soon!

Click Here



CONTACT US



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