



SUNCOKRET

Since 2004 we have been providing superior holistic holiday retreat experiences for groups from all corners of the globe. Our space is best for 7-9 people but can accommodate up to 11 or 12 guests in total. Those with larger groups often opt to book two back-to-back event weeks, understanding that the intimate and exclusive atmosphere we offer during our events is a key ingredient of the Suncokret experience.

LOCATION

Suncokret is located in the charming village of Dol Sveta Ana, a pristine 12th Century hamlet discretely nestled into the verdant brush & pinewood forest which majestically rises above the island's oldest settlement, Stari Grad.



RETREAT PRACTICE SPACES

Outdoor Terrace

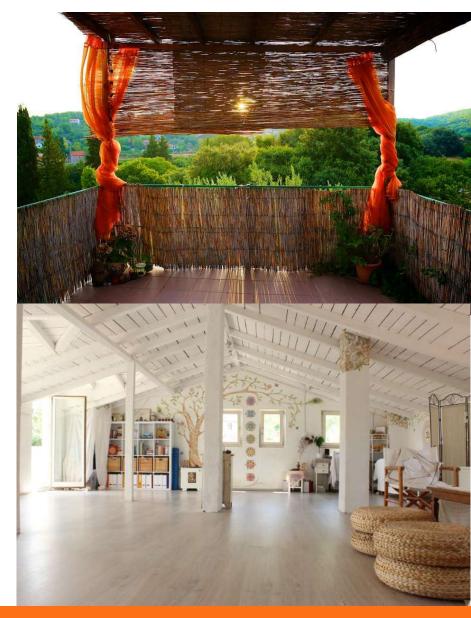
The outdoor terrace offers open views to the village and the neighboring island of Brac.

It features a tile floor, bamboo roof, and flowing curtains that create intimacy of environment during the practice. The terrace is best suited for up to 8 persons for dynamic practices such as vinyasa, or up to 12 persons for passive practices such as meditation, satsang or yoga Nidra.

Indoor Loft

The light, white and spacious indoor loft space features woodlaminate floorboards, white wooden exposed roof beams, balcony doors facing east, windows facing south and west, and comes with air-conditioning with cooling and heating options.

There is a lounge corner with WIFI access, entertainment section, and a spiritual library. The loft can easily accommodate 11+ participants for yoga or other movement activities.



MORE PHOTOS AND INFO ABOUT OUR PRACTICE SPACE HERE: HTTPS://WWW.SUNCOKRETDREAM.NET/LIVING

ISLAND PRACTICE LOCATIONS

By the Sea

Twice weekly, your group will be swept away to a gorgeous nature preserve surrounded by the sea, where you can hold afternoon practice. The area is abundant with an endless number of hidden bays, flat rock plateaus, and verdant forest clearings which make for a spectacular and unforgettable outdoor practice experience.

The Abandoned Village

At the end of the week, your group will be transported to an abandoned village where time has been frozen in its tracks. Here you can enjoy your outdoor practice in perfect silence under a flat, shady area in front of a baroque church that is framed by towering pine trees and a magnificent view of the ancient village and its impressive hills in the distance. A picnic is served post-practice prior to setting off to the island's most famous town, Hvar.





ITINERARY

As part of our weekly program, we offer the chance to explore the best of Hvar Island's natural, historical and cultural spots via our scheduled (but optional) daily outings. The scheduled afternoon program sessions by the sea and in nature will have you enjoying your practice in amazing locations, full of natural wonder and beauty. The end of the retreat week is topped-off by a magnificent sunset safari tour that will deliver you in body, mind, and spirit to the divine light of the sun. The combination of our outings, complimented with your own leisure time exploration, will immerse you in our island's culture in every possible way.

Within the standard 7 days/6-night classic retreat format, 15 dedicated program hours are easily provided. Check out our sample schedule of the teaching hours and themes from our yoga page for ideas on how to organize your own program.

CLASSIC RETREAT PROGRAM

- Self-catering coffee, tea, light snacks
- Morning program
- Brunch buffet
- 15-minute post-brunch clean-up
- Scheduled daily outing to places of interest (possibility to add on extra activities, priced separately)
- Afternoon program (twice weekly at Suncokret / twice weekly by the sea)
- Scheduled daily return to the retreat
- Dinner
- 15-minute post-dinner clean-up
- Optional evening program
- Observed quietude from 10 pm 7 am
- End of week morning program outing + drop off in Hvar Town; evening pick-up from Hvar Town, sunset safari tour
- Restaurant dinner on the final evening (not included in price)



TASTY, SIMPLE & FRESH MEALS

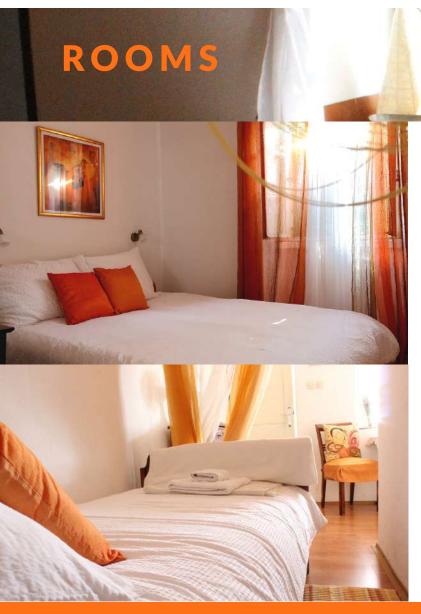
We serve two meals per day; brunch and dinner. Our meals are predominantly made from fresh, organic, locally produced island ingredients (often our own), and are prepared and served with love.

Brunch is served in the garden and generally consists of fresh seasonal fruit, nuts, warm and cold cereals, fresh farm eggs, local bread and/or pastries, cheese spreads and homemade marmalade, yogurt and milk, as well as rice, coconut or almond milk. Local tap water, mineral water, coffee and herbal tea are available free of charge with each meal.

Dinner is also served in the garden and typically consists of a soup and salad starter, followed by the main dish (vegetarian or Dalmatian seafood specialties). Dinner is not provided on Fridays; instead, we offer a sunset safari tour, before or after which your group will have the opportunity to enjoy a celebratory dinner in an authentic Dalmatian restaurant.



MORE INFORMATION AND PICTURES: HTTPS://WWW.SUNCOKRETDREAM.NET/MEALS



Earth & Fire Cottage

This split level cottage features 3 bedrooms located on the upper floor. Each room is fitted with a fan and space heater and there is airconditioning and heating for the common areas.

Rooms 1 & 3 are furnished with a single bed, and Room 2 has a double bed. The cottage is ideal for 3 persons but can accommodate up to 4.

There is a spacious house bathroom located on the ground floor. The ground floor also features the main indoor kitchen and dining area for the retreat, which is open to all retreat guests until 10 pm.

There is also an enclosed garden with dining, sun-bathing and lounge areas here, as well as the outdoor yoga and meditation terrace.



Wind & Air Cottage

This cottage features two double rooms, an adjacent bathroom, kitchenette and covered terrace with a view to the veggie garden. The cottage has air-conditioning + heating, and free wifi access.

Room 4 can be fitted with either a beautiful metal-framed double bed (or) a set of twin beds. Room 5 comes with a set of twin beds and also features a cozy private balcony with a view.



FOR MORE PICTURES PLEASE CLICK THIS LINK; HTTPS://WWW.SUNCOKRETDREAM.NET/ROOMS

ROOMS

Ether Cottage

Light, bright & white attic suites with private bathrooms...

These elegant and beautiful, newly-built attic rooms come equipped with private, en-suite bathrooms and en-suite air-conditioning + heating.

The cottage has free wifi access, and is suitable for 3 or 4 persons.

Room 6, "Mini Suite" can be furnished with a double bed or two twin beds. The "Master Suite" features two single beds that can be placed side by side for couples when needed.

Ether Cottage residents share an indoor kitchenette & an outdoor terrace, and have easy access to the adjacent indoor yoga loft space with lounge corner, entertainment area, and spiritual library.





FACILITIES

- Main Kitchen + 2 kitchenettes
- Indoor + outdoor dining areas
- Lounge areas
- Picnic areas
- 3 terraces
- 2 balconies
- Outdoor yoga terrace & indoor loft
- Washing machines
- Free parking
- Spiritual & leisure libraries
- Garden
- Veggie Garden
- Meditation areas
- Smoke & alcohol-free premises
- Free WiFi in designated areas





WHAT'S INCLUDED

- Scheduled transport to / from the Stari Grad ferry port (Sundays at 16.30 and Saturdays at 10.45)
- Accommodation + 1 set of bed linens and bath towels are provided per person per week
- Open access to all retreat facilities
- Welcome tour of Suncokret & Dol Village
- 5 vegetarian brunch buffets (Monday Saturday) + 1 picnic brunch (Fridays)
- 5 Vegetarian or Dalmatian Seafood Speciality Dinners (Monday Thursday) + 1 Friday Sunset Safari Tour (followed by dinner in a local restaurant, priced separately) OR 6 Vegetarian Dinners at the retreat (and no Sunset Safari Tour)
- Scheduled Daily outings to places of interest including towns and beaches (Monday Friday) according to the sample itinerary
- All local taxes
- NOT INCLUDED: Any additional services not listed above, ex. airfares, airport transfer, ferry.

EXTRA ACTIVITIES

Are you looking for extra activities to make your retreat with us even more unique? We can arrange a wide range of sporting, leisure, and cultural activities for your group to enjoy at very attractive prices.

Activities may include:

Diving

SUP

Kayaking

Cycling

Spa

Wine tasting

Sailing tour around Pakleni Islands

Holistic services & workshops

Check out our "Retreat Plus Extra Activities PDF" for more information.





OPTIONAL HOUSEKEEPING SERVICES

- Mid-week housekeeping of the entire property including bedrooms, bathrooms, and retreat common areas:
- Price 110 euros
- Mid-week laundry service bed sheets and bathroom towels: Price 70 euros

SEASONAL AVAILABILITY

Villa Suncokret is generally available for group events in spring and autumn; typically from mid-April until mid-June, and from September until mid-October. We may also accommodate group events in early and late summer. Please fill out our consultation form with your requested dates and event ideas to receive a price quote.

Depending on the season, we may be able to organize unique outings and/or activities such as lavender, grape, or olive picking as well as wine or olive oil-production tours. Such activities make your retreat time on our beautiful island truly unforgettable as you connect to the locals and their timeless traditions!

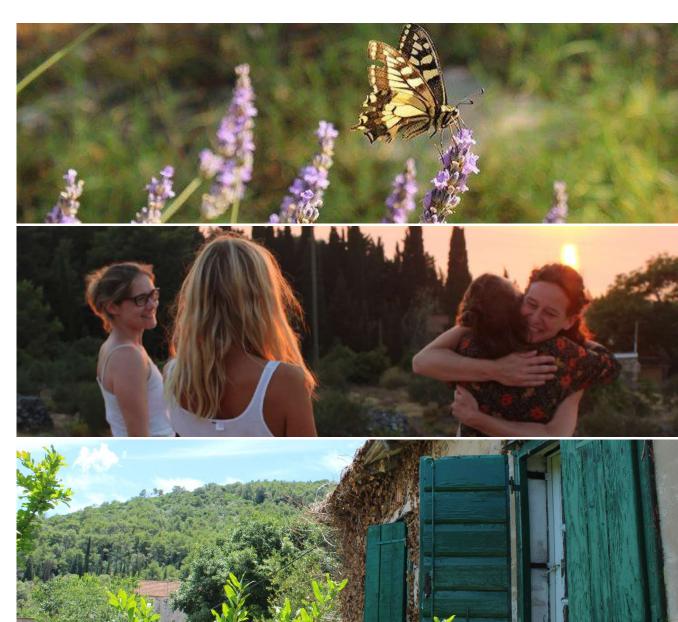
CONSULT WITH US

We'd love to learn more about you and your ideas for co-hosting an Exclusive Event with Suncokret!

Please send us a consultation form so we can learn more about your ideas and wishes.

We're looking forward to hearing from you soon!

Click Here



CONTACT US



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SUNCOKRET BODY & SOUL RETREAT



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